



TOWER HILL BOTANIC GARDEN

Events & Programs

JULY 2020

Welcome to Tower Hill Botanic Garden! In June, Tower Hill re-opened after being closed for some time due to the COVID-19 pandemic. Tower Hill Botanic Garden is committed to safety and is open on a limited basis following the strict guidelines from the state. Visitors are allowed to enter the Garden only with an online reservation attained before arrival for specific arrival date and time. Per the governor's rule for botanic gardens, masks or face coverings are required for all visitors and class participants over the age of 2 who are able throughout Tower Hill property. **Please visit towerhillbg.org for information and to reserve your admission ticket.** Peruse the experiences you can enjoy during your garden visits and our outdoor education and online learning opportunities!

Program Registration

We have moved to a solely online class registration system for the health and safety of our staff and visitors. We will no longer be able to accept cash or checks for class payments. Additionally, no class walk-ins are allowed. All class registrations must be made online and in advance. All programs are held outdoors, with a max of 9 people, and are organized to abide by the protocols issued in the state's reopening plan. Outdoor education programs are shine only and will be cancelled in the event of inclement weather. All programs require pre-registration, and registration is online only. For questions about adult programs, please contact our Manager of Adult Education at adulthoodeducation@towerhillbg.org or call 508.869.6111 x101. For questions about youth and family programs, please contact our Manager of Youth Education at youtheducation@towerhillbg.org or call 508.869.6111 x132.

ADULT PROGRAMS

Wellness Programs

Qigong and Tai Chi for Beginners ROSE LEE

Explore these practices to improve health, reduce stress, and increase endurance and mobility.

Tuesdays, July 7–August 11, 11AM–12:15PM

6-WEEK SESSION

PER SESSION: \$78 M; \$105 NM

Yoga in the Garden MANDI GARRISON

Enjoy gentle-to-moderate-flow yoga in a class for all levels. Please bring your own mat.

Tuesdays, 6–7:15PM

Thursdays, 10:30–11:45AM

PER CLASS: \$10 M; \$17 NM

Arise and Energize Yoga MANDI GARRISON

Start your day with an invigorating flow practice in nature. Let the sun guide you as we move through energizing warm-ups, sun salutations, breathwork, and stretching to awaken the body and prepare for the day. Please bring your own mat.

Wednesdays, 8–9AM

PER CLASS: \$10 M; \$17 NM

Guided Meditation MANDI GARRISON

Relax with a guided meditation in nature. This class may begin with some gentle stretching to prepare the body. Please bring a blanket or a cushion to be comfortable.

Thursdays, 12–1PM

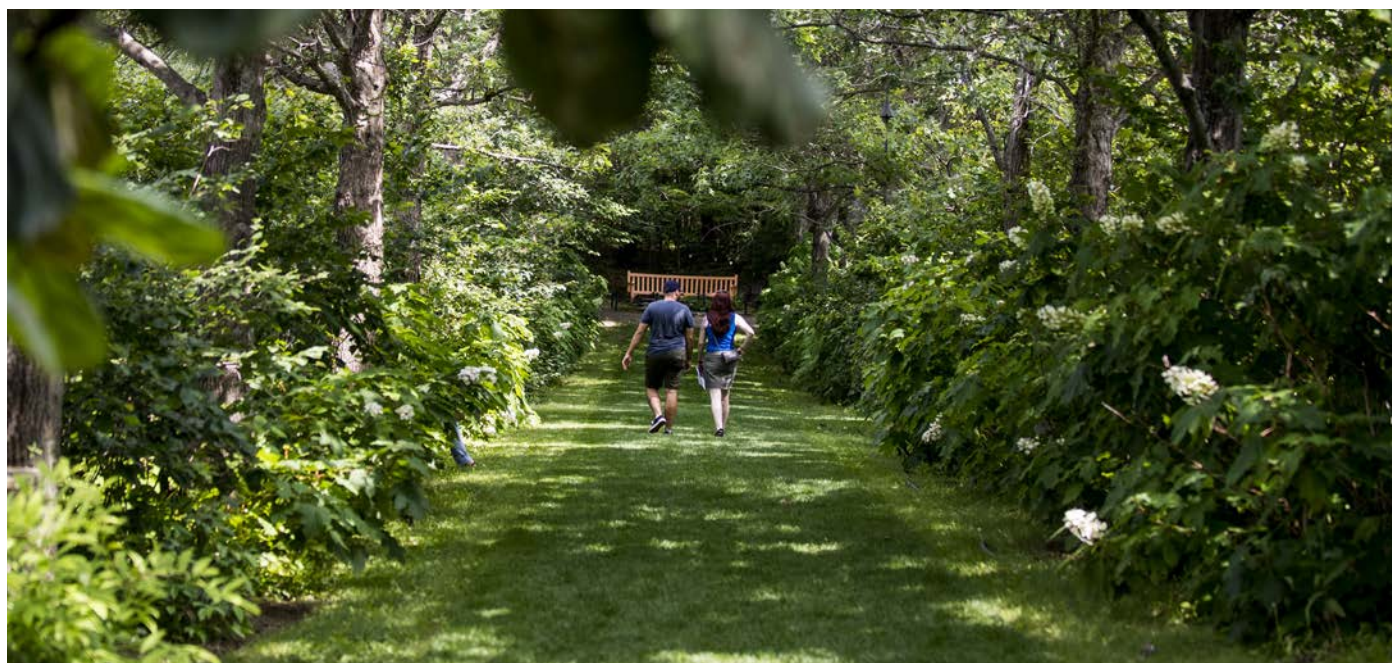
PER CLASS: \$10 M; \$17 NM

Forest Bathing NADINE MAZZOLA

Relax and refresh through mindfulness practices, sensory awareness, and nature.

Fridays, July 10 and 24, 9:30AM–12:30PM

\$36 M; \$50 NM



Horticulture & Gardening

Hummingbird Garden in a Container BETSY WILLIAMS

Experience the magic of watching a tiny, whirring hummingbird feed on flowers blooming close by! Plant a 14" container for your patio or garden the hummingbirds, butterflies, bees and other pollinators will love. With proper care, your Hummingbird Garden will bloom all summer. All materials are supplied: plants, container, soil and a bamboo frame for climbing vines.

Check the website for date and time.

\$80 M; \$95 NM (FEE INCLUDES MATERIALS)

Guided Bird Walk KYLE JACOBY

Interested in birding but don't know where to start? Join this beginner's bird walk and have fun learning the basics.

Thursday, July 9, 6-7:30PM

\$10 M; \$20 NM

Garden Design

Build Your Own Succulent Terrarium

Learn the best methods for taking care of succulents, then design and create your own terrarium with two of these unique plants.

Sunday, July 12, 1:30-3PM

\$25 M; \$35 NM

Beginning Tropical Bonsai JOEL MULLEN

Discover the ancient Japanese art that is making a contemporary comeback. Bonsai is a tree in a pot, but that's just the beginning. In this hands-on workshop you will create your own tree to take home and care for. You'll learn the basics of designing a tree and the horticultural knowledge to keep it healthy and happy.

Monday, July 20, 10:30AM-12:30PM

\$75 M; \$85 NM

Art & Craft

Botanical Drawing: What's in Bloom CAROL SCHWARTZ

Join award-winning artist and scientific illustrator Carol Schwartz for a morning of botanical drawing with colored pencil. You'll take your inspiration from the surrounding garden and focus on drawing one of our beautiful blooms. A materials list will be provided upon registration.

Wednesday, July 8, 2:30-4:30PM AND

Sunday, July 19, 10:30AM-12:30PM

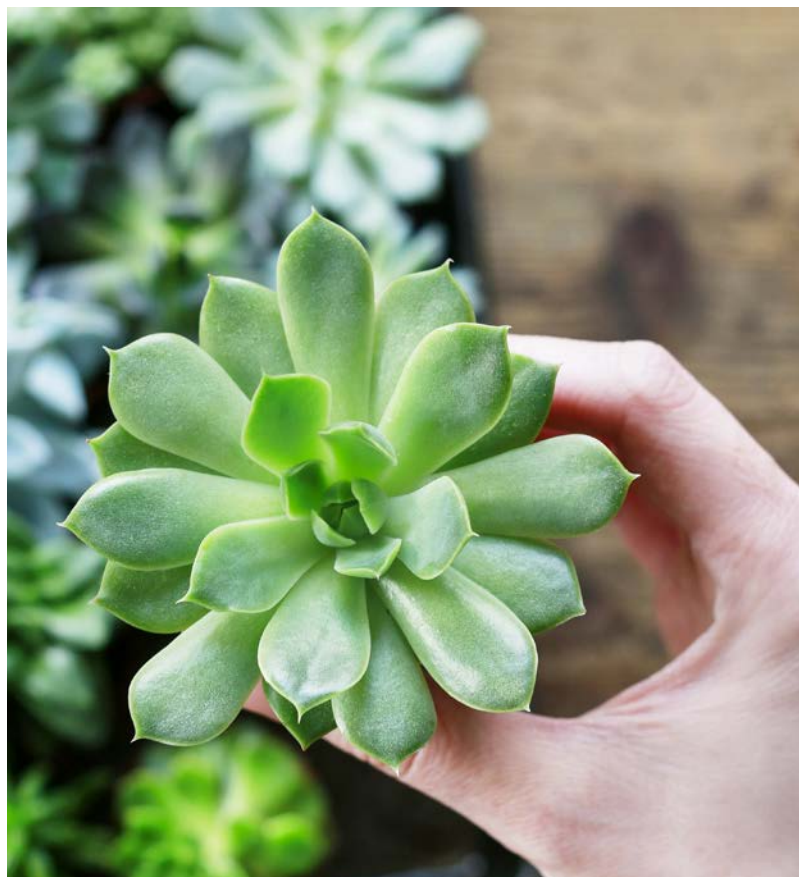
\$30 M; \$40 NM

Botanical Journal SUZANNE HAUERSTEIN

Create a hardbound book using new and vintage botanical ephemera and alternative bookmaking techniques. Use your book as a journal, photo album or for scrapbooking.

Friday, July 17, 10:30AM-1PM

\$35 M; \$49 NM



PHOTOS © MATT MODOONO, IAN MURRAY, JS MCELVEY

Botanical Bohemian Wreath-Making

With the season as your inspiration, design your own bohemian wreath using a selection of provided plant materials and décor, such as air plants feathers, and ribbon, which you'll incorporate around a gold ring.

Tuesday, July 21, 1:30–3:30PM

\$25 M; \$35 NM

Botanical Printed Cloth Dishtowels & Napkins

SUZANNE HAUSERSTEIN

Use herbs, fruit and vegetables to print on cotton napkins and dish towels. Go home with two dishtowels and six napkins.

Friday, July 31, 10:30AM–12:30PM

\$46 M; \$60 NM

Webinars

Native Plants, Birds, and Insects KATHY CONNOLLY

Learn how native plants contribute to landscapes that birds and beneficial insects call 'home'. We'll discuss how to use native trees, shrubs, perennials, and grasses to improve habitat. Discover the importance of landscape structure in creating place that is likely to attract and keep birds. Learn about seasonal influences. We'll also share ways to identify the best plants for your location and where to buy them.

Wednesday, July 8, 6:30-7:30PM

\$7 M; \$10 NM

Backyard Composting

Want to start creating your own soil amendment right at home? Learn the basics of starting a backyard compost from your kitchen scraps from Tower Hill's Education staff.

Wednesday, July 15, 6:30-7:30PM

\$7 M; \$10 NM

Plant Invaders LESLIE DUTHIE

Invasive plants are taking over our natural areas. Learn about invasive plants, where they came from, how they got here, and their effect on our environment. Control methods for invasive plants and native alternatives for invasives is included.

Wednesday, July 22, 6:30-7:30PM

\$7 M; \$10 NM

Intro to Birding KYLE JACOBY

The world is full of birds. Tanagers, Flycatchers, Thrushes, Larks, and more just waiting to be found. This webinar will guide you through how to find and identify all of these wonderful animals. During this course you will learn the benefits of birding, what tools and resources are available to you, the key components of identification, and you'll get to put it all into practice. This workshop is intended for new birders and those who want to brush up on some of the basics.

Wednesday, July 29, 6:30-7:30PM

\$7 M; \$10 NM

Missed a live webinar? View our pre-recorded sessions on Small Garden Design, Attracting Butterflies, Foundation Gardens, and The Growth of Trees.

Summer Author Series

The New Gardener's Handbook DARYL BEYERS

Enjoy a lecture and Q&A session with author Daryl Beyers about his new book *The New Gardener's Handbook*, available for purchase through our online shop. Novice or experienced, all gardeners learn something new every time they step into a garden to check on a plant, dig in the soil, or harvest the fruits of their labor. Beyers shares the why-dos of the how-tos that help gardeners grow beautiful and bountiful gardens. The fundamentals of how plants grow, the importance of soil, how to sow seeds, watering and weeding, are some of the topics discussed, giving new gardeners a foundation upon which they can grow, and accomplished gardeners expert insights, tips and tricks. This program is presented in collaboration with Berkshire Botanical Garden and Workman Publishing.

Thursday, July 9, 6:30-7:30PM

\$10 M; \$15 NM

Emily Dickinson's Gardening Life MARTA MCDOWELL

Enjoy a lecture and Q&A session with author Marta McDowell about her new book *Emily Dickinson's Gardening Life*, available for purchase through our online shop. In addition to writing poetry, The Belle of Amherst was a gardener. She cultivated flowers on her father's property and in the glass conservatory that he added to the Homestead. This lecture explores Dickinson's gardens through excerpts of her letters and poems, and historic and modern images of her garden. This program is presented in collaboration with Berkshire Botanical Garden and Timber press.

Thursday, July 23, 6:30-7:30PM

\$10 M; \$15 NM

Tower Hill Book Club Discusses *Emily Dickinson's Gardening Life* ALENA MCNAMARA

Grab your favorite Saturday morning beverage, turn on your computer, and join Tower Hill's librarian for some book chat! We'll be sharing our thoughts on Marta McDowell's new book *Emily Dickinson's Gardening Life*. What did you think of the book? Do you have any lingering questions? Are you a Dickinson enthusiast? Attending McDowell's lecture and Q&A session on July 23 is not required, just encouraged!

Saturday, July 25, 11AM–12PM

FREE

You Can Garden For Life!

TONI GATTONE

Enjoy a lecture and Q&A session with speaker and author Toni Gattone. Her presentation: You Can Garden For Life! was the inspiration for her new book *The Lifelong Gardener: Garden with Ease and Joy at Any Age*, available for purchase through our online shop. Toni helps gardeners of all abilities grow their

resilience by evaluating how and when they garden in spite of physical limitations that may hold them back from gardening with gusto. She discusses how gardens can be modified for increased comfort and safety. Toni describes ways to adapt your garden tools and recommends ones that are ergonomically designed to reduce hand fatigue. Presented in collaboration with Berkshire Botanical Garden and Workman Publishing.

Saturday, July 30, 6:30–7:30PM

\$10M; \$15NM

YOUTH PROGRAMS

Mason Jar Herb Gardens | AGES 7–12

Learn the basics of plant care and create your own miniature herb garden.

Saturday, July 11, 10:30AM–12PM

M: \$20 CHILD, \$0 ADULT; \$25 CHILD, \$10 ADULT

Paint, Cut, Collage: Birds & Bees | AGES 8–12

Create your own unique nature collage and learn about the pollinators in your backyard.

Saturday, July 18, 10:30AM–12PM

M: \$18 CHILD, \$0 ADULT; \$22 CHILD, \$10 ADULT

STEM Saturdays: From Flower to Fruit | AGES 7–10

Join us for hands-on plant science and uncover mysteries in the world of botany.

Saturday, July 25, 1:30PM–2:30PM

M: \$12 CHILD, \$0 ADULT; NM: \$16 CHILD, \$10 ADULT

YOUTH ONLINE ACTIVITIES

Continue learning about and exploring the world right outside your window with the help of our online resources. Find something for the entire family with activity packs, storytime, crafts, scavenger hunts, and more!

Wonders of Nature

Explore the natural world together! Geared for youth and families, our popular Wonders of Nature series explores a new topic each week in three parts, nature facts, storytime, and outdoor adventure. Enjoy one part or all three.

Teen Photography Challenge

This summer we challenge you to connect with nature in its many forms and embrace your inner artist. Our teen photography challenge is open to all youth ages 13 to 18. Complete our six photography challenges for a chance to win four gate passes to Tower Hill Botanic Garden, be featured in our weekly Instagram stories, or have your work displayed this fall in our Community Art Gallery.

Check out the full details online.



Garden Experiences

There are plenty of no-touch activities and fantastical displays to enjoy during your garden visit. Find a fairy house, take a stroll along our story walk, or challenge yourself to a scavenger hunt. Visit towerhillbg.org for details.

Fairy Houses

The fairies are back and they have taken over Tower Hill! Search throughout the gardens for their magical homes. Share your fairy house photos with us and let us know how many you found!

Story Walk

Take a walk in the woods and enjoy a story. Each step on the trail is a new page of the tale. Make sure to come back to enjoy a brand-new story every month.

Nature Scavenger Hunt

Can you complete our outdoor scavenger hunt? Explore the gardens and take to the trails to find a variety of, no-touch, site-specific nature challenges.



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